

**Friday June 21st is**

# **International Yoga Day**

Celebrate  
with a free  
community yoga  
class on the ocean!



Where: The lawn at Hale Halawai in downtown Kailua Kona, HI

When: 9:30am-10:30am

Details: Every Body is welcome (yes even if it's your first time)

Bring water and a mat if you have one.

The class is led by several teachers from different schools and studios.

Giveaways from yoga studios and other local businesses.

Refreshments will be provided by Poi Dog Deli.

Please email [HawaiiBeachYoga@gmail.com](mailto:HawaiiBeachYoga@gmail.com) with questions

International Yoga Day 2019 Local Supporters:

